

All About Me

Family history starts with the individual. Just as in researching their ancestors people ask when and where they were born, where they lived, and other basic biographical questions, students should start their exploration of family history by recording information about themselves.

The next pages offer two different approaches. The first is a basic biographical sheet and looks at factual information—name, date of birth, place of birth, etc. The second asks students to look deeper at who they are as individuals. How do they describe themselves? What are their hopes and fears?



Bio Sheet

Name: _____

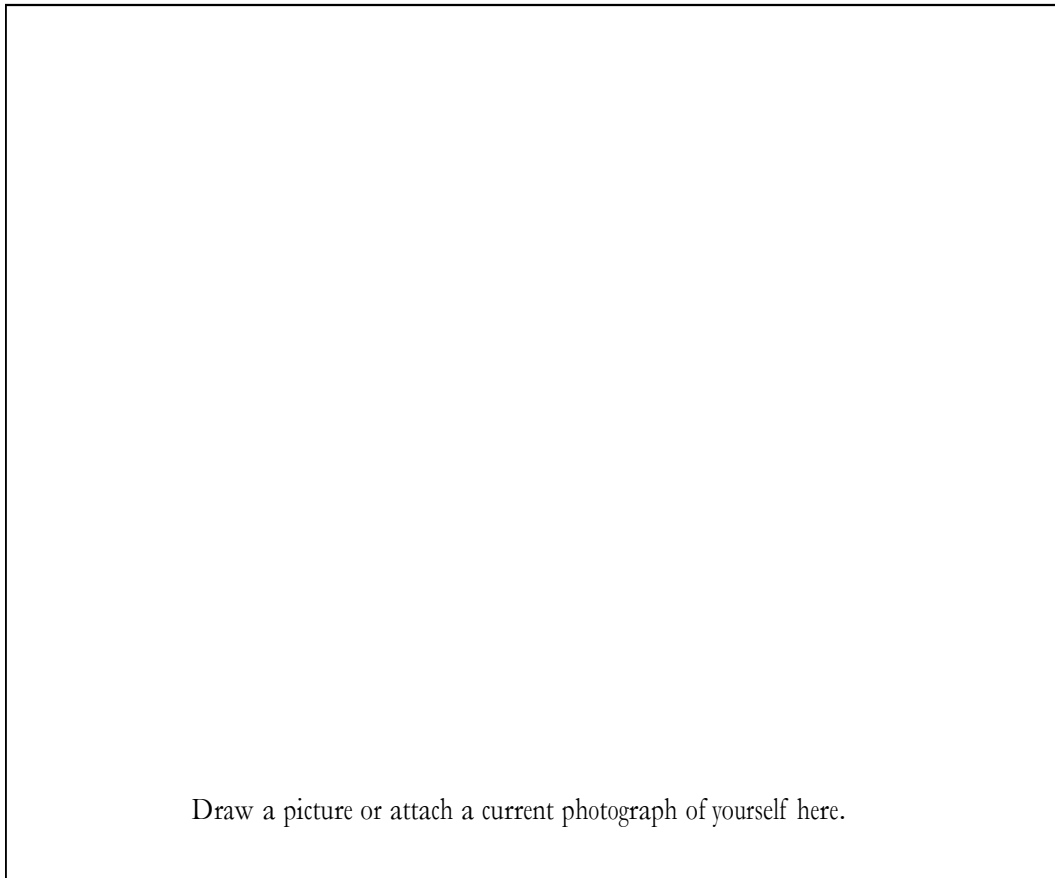
Birth Date: _____

Address: _____

Place of Birth: _____

Parents' Names: _____

Parents' Places of Birth: _____



Draw a picture or attach a current photograph of yourself here.



HISTORIC
NEW ENGLAND

Defining the past. Shaping the future.

Bio Poem

In writing a bio-poem, students start to record who they are on a deeper level than they did on the bio sheet. Following is an outline of a bio-poem. The students should write it once quickly without giving too much thought to the answers. They can then repeat the exercise with more time to think about it.

First Name
Relative of
Who loves (3 nouns)
Who is (3 adjectives)
Who feels (3 emotions)
Who needs (3 nouns)
Who fears (3 nouns)
Who gives (3 nouns)
Who would like to see (3 nouns)
Resident of
Last name

